

CAUGHT IN THE MUD?



ENJOY THE PETALS

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CAUGHT IN THE MUD?



Have you ever gone off road? In a truck, jeep, or four wheeler?

Gotten stuck in a mud hole? Tires just spinning, slinging mud everywhere? The more you spin your tires, the deeper you go and you can't get out!

In this journey called Life; sometimes we get stuck in the mud hole of complaining and grumbling. It's easy to complain: Complaining about life, complaining about circumstances. Some people are complaining about marriage, their spouse, their children, family members. Some people complain about their job, not having enough money, complaining about the people they work with, complaining about not having enough customers! (Time complaining could be time cultivating)

There are some people that don't go to church because they have complaints about the church and the people that go there calling them "hypocrites". And yet those 'complainers' are missing out on experiencing God's presence. Please find a church! Visit Harvest Time in Port Arthur on Jimmy Johnson Blvd. (online also)



There are no perfect people at church! We all have flaws! Flaws! Flaws! We all have flaws! That's why there are laws! So pause! Before you get annoyed with yourself and before you get annoyed with others because of their flaws! There is always something that you could be complaining about! The more you complain, the mud hole gets deeper and deeper and you can't seem to get out!! Complaining is a mud hole that you must get stay out of!

This is a question! Not a statement! Can we fix the mental health crisis by stopping the complaining? By stopping the mind screwing that we do to ourselves? What would happen if we lived our lives DAILY replacing those negative thoughts with positive thoughts? It's a DAILY thing!! Every day circumstances are different and people's moods are different so DAILY we need to replace negative thoughts with positive thoughts.

The pastor of Harvest Time in Port Arthur, TX reminded me that "people are like shifting sand", never knowing how they will be feeling because most people live their lives ruled by their emotions and feelings. Reminder! Control the thoughts you are thinking and you'll control your emotions! Sometimes the emotions you are "feeling" are triggered by the thoughts you are thinking. Thoughts can be like cancer cells. They'll multiply! One negative thought becomes 2, then 4, then 8, then 16, then 32 and so on and then all of a sudden like cancer cells attack the immune system, your mind is saturated with negative ugly thoughts and ugly things are taking place in your life, in your marriage!! People fighting cancer need blood transfusions; which supply them with more leukocytes (white blood cells) to fight the cancerous cells. You and I need to fight the negative thoughts with positive healthy thoughts!!

“Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report: if there be any virtue, and if there be any praise, think on these things”. (Philippians 4:8).

Just like in life; sometimes when you get in a mud hole, you have to get out, walk through the mud, get all dirty, and look at your circumstances and see if you can figure out how to get out of the mud hole yourself; and sometimes you have to get pulled out. Marriages falling apart because of their speaking words of death towards one another and about one another. Marriages floundering in the mud hole of complaining.



I want to encourage you to look to Jesus, allow him, the word of God to have an influence on your mind, will, and emotions, and the word of God will pull you out of the mud hole, so that you'll start thinking healthy thoughts, and saying healthy positive words. I heard this from the Pastor of Harvest Time “the word works when you work it”.

What do you have to lose? There's No gain when you complain so speak words of life, for "life and death is in the power of your tongue, and those who love it will eat its fruit". (Proverbs 18:21). The preceding verse states "with the fruit of a man's mouth his stomach will be satisfied; that person will be satisfied with the product of his lips".

When you live your life for eternity's sake; you'll stop complaining about things, you'll stop complaining about the people that are in your life. You'll quit living selfishly, and you'll quit taking advantage of people! If you really believed in eternity, and believe that one day you'll stand before our Creator, who sees all things, who created all people, who created the people that you are complaining about; then you would stop complaining; then you would pray more? And complain less?

" Then the anger, hostility, the racism, the strife, the ugliness would stop! Blessed are the peacemakers! For they shall be called the children of God. (Matthew 5:9) Stop complaining and enjoy the beauty of life; enjoy the beauty of those that are in your life!!

Consider the Rose; the rose is surrounded by thorns, and yet the Rose is beautiful and gives off a sweet fragrance. Jesus Christ knows why you are the way you are right now, he knows about your childhood, your right and wrong decisions that you have made in this journey called Life. However he loves you, he's aware of your heartaches and frustrations! Allow Jesus, the word of God to influence your mind, will, and emotions and your life, your relationships will flourish like a Rose flourishes in the midst of the thorns of life.



In closing, I remind you no gain when you complain. Speak words of LIFE! Repeat these words of life: "I am not a complainer". "I am done complaining"! "There's no gain when I complain".

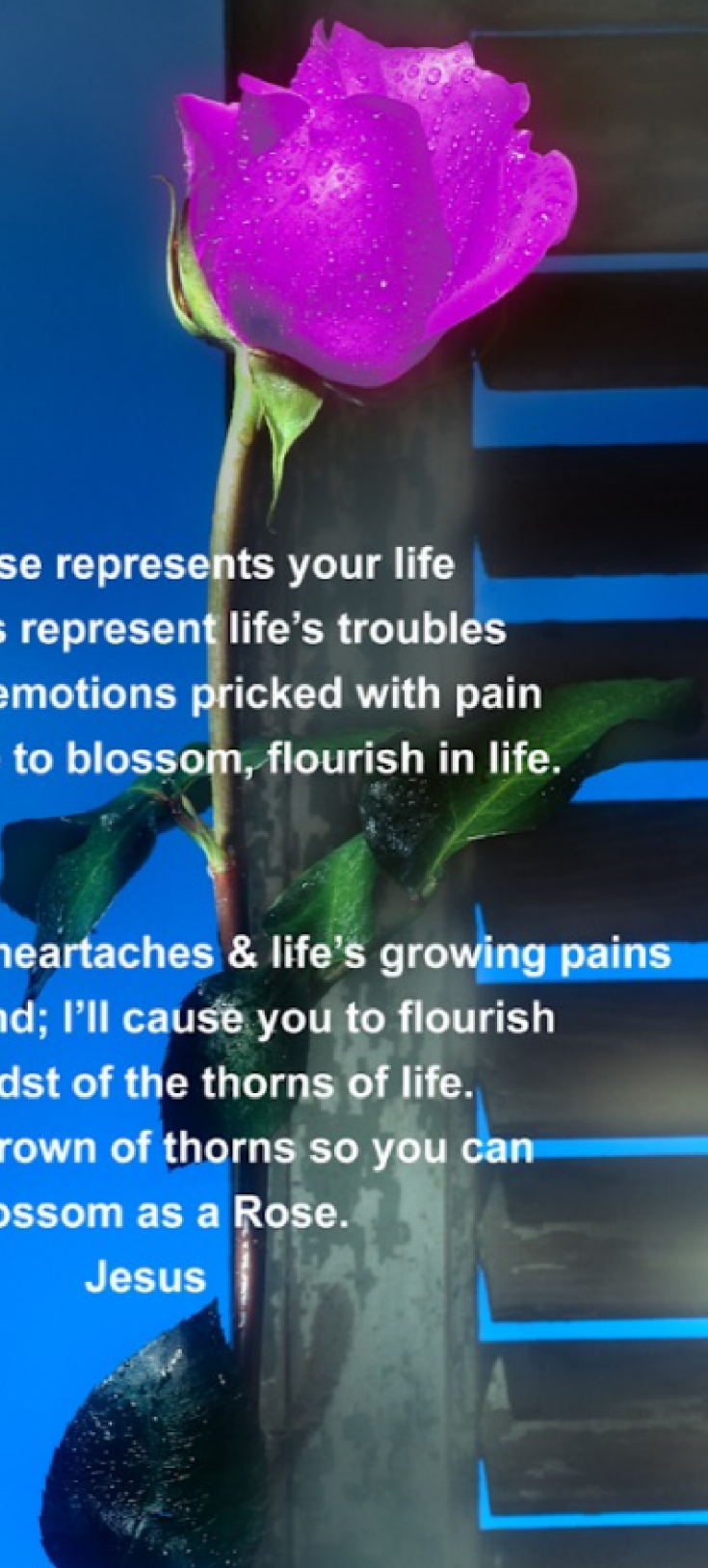
Don't stop, keep speaking these words of life OUT LOUD:

"I am patient"! "I am forgiving"! "I am a peacemaker"! "I put aside complaining"!

You are still not done yet! With the mouth confession is made unto salvation. You are influencing who you are and are becoming by speaking these words of life. Repeat: "I put aside all malice"! "I put aside jealousy"! "I put aside racism"! "I put aside all ugly evil thinking about people and my circumstances"! "I choose love over hate"! "I choose positivity over negativity"! "I'll not complain because there is no gain"!

Thank you for purchasing this book! Your life, your marriage, your relationships will never be the same! In Jesus name!!

To Someone Special



**This Rose represents your life
The thorns represent life's troubles
Your heart, emotions pricked with pain
As you strive to blossom, flourish in life.**

**I'm aware of your heartaches & life's growing pains
I'm your friend; I'll cause you to flourish
In the midst of the thorns of life.
I wore the crown of thorns so you can
Blossom as a Rose.**

Jesus